* 1.5 hr blocks: 40mins, 10min break, 40 mins
* Aim for 10 sessions a week
* Write in what you will study – start with your “red topics”
* Be strict with yourself – STICK TO THE PLAN

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Week Beginning  | Time  | Mon  | Tues  | Wed  | Thurs  | Fri  | Sat  | Sun   |
|   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
| Week Beginning  | Time  | Mon  | Tues  | Wed  | Thurs  | Fri  | Sat  | Sun   |
| 16 Aug  |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
| 23 Aug  |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
| 30 Aug  |   |   |   |   | Exams   | Exams  |   |   |
|   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
| 6 Sep  |   | Exams   | Exams  |   |   |   |   |   |
|   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |  |