* 40 min session, 10 min break
* Aim for 10 sessions a week
* Write in what you will study – start with your “red topics”
* Be strict with yourself – STICK TO THE PLAN

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| Week Beginning  | Time  | Mon  | Tues  | Wed  | Thurs  | Fri  | Sat  | Sun   |
| 16 Aug  |   |   |   |   |   |   |   |   |
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| 23 Aug  |   |   |   |   |   |   |   |   |
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| 30 Aug  |   |   |   |   | Exams   | Exams  |   |   |
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| 6 Sep  |   | Exams   | Exams  |   |   |   |   |   |
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